

2024 HOEPER PRIMARY CARE SYMPOSIUM

8 A.M. TO 4:30 P.M.
SEPTEMBER 6, 2024
KAUFFMAN FOUNDATION
CONFERENCE CENTER

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PROGRAM OVERVIEW

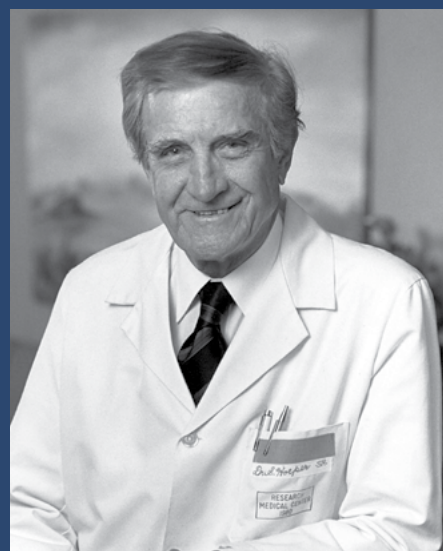
The symposium has been planned and designed to provide primary members of the healthcare team with the tools and knowledge they need to identify and treat various conditions of their patients.

PROGRAM AGENDA

- 7:30 a.m. Registration and Continental Breakfast
- 7:55 a.m. Sam D. Hoeper, Jr., MD
Welcome and Introduction
- 8:00 a.m. Joel Ackerman, MD
Lumbar Spinal Stenosis and Outpatient Pain Management
- 9:00 a.m. Doug Darden, MD
Medical Management of Atrial Arrhythmias
- 10:00 a.m. Break
- 10:15 a.m. Shadrach Smith, MD
Obesity: New Understandings and Treatments
- 11:15 a.m. Joel McKinsey, MD
The Potential Impact of Climate Change on Infectious Diseases
- 12:15 p.m. Lunch
- 1:00 p.m. Jeff Burns, MD, MS
Update on Dementia and Alzheimer's Disease
- 2:00 p.m. Nichole VanDuyne, DO
Update on Asthma and COPD
- 3:00 p.m. Break
- 3:15 p.m. Duncan Johnstone, MD, PhD
Early Diagnosis & Treatment of Chronic Kidney Disease
- 4:15 p.m. Summary and Evaluation
- 4:30 p.m. Adjournment

TARGET AUDIENCE

The target audience includes Primary Care providers (Family Physicians and Internists), Advance Practice Nurses, Nurses in Acute and Ambulatory Care Settings and Allied Health Professionals.



DR. SAM HOEPER, SR.

Dr. Sam Hoeper, Sr. practiced medicine at Research Medical Center for 47 years, but before his career as a doctor began he was a teacher, principal, and coach. As a man who valued education, he was dedicated to providing others opportunities to learn.

Dr. Hoeper, Sr. passed away in August 2008. He established the Hoeper Bixby Fund through The Research Foundation to provide support to host medical symposiums and conferences for the benefit of the local medical community – and the thousands of patients served by healthcare professionals.

Dr. Sam Hoeper, Jr. describes his father as a humanitarian. He committed himself to education and had a desire to help people. Dr. Hoeper, Jr. carries on his father's legacy in medicine and also helps to organize this annual symposium.



SCAN THE CODE TO REGISTER
theresearchfoundationkc.org/symposiums



PLANNING COMMITTEE

Sam D. Hoeper, Jr., MD

Cynthia A. Randazzo
The Research Foundation

Anne K. Sly, MD

Ruth Smerchek, MNM
Kansas City Southwest Clinical Society



FACULTY



Joel Ackerman, MD
KC Pain Centers/
Anesthesia Associates
of Kansas City



**Joel McKinsey, MD,
FIDSA**
Metro Infectious
Disease Consultants



Jeff Burns, MD, MS
The University of
Kansas Medical Center



Shadrach Smith, MD
Encompass
Medical Group



Doug Darden, MD
Kansas City Heart
Rhythm Institute



**Nichole
VanDuyne, DO**
Kansas City
Pulmonology Practice



**Duncan Johnstone,
MD, PhD**
The University of
Kansas Medical Center

EDUCATIONAL OBJECTIVES

At the conclusion of this activity, attendees should be able to:

- State five treatment options for chronic pain.
- Discuss opiate use in the outpatient setting.
- Identify when to refer out from a primary care setting.
- Discuss treatment options for lumbar spinal stenosis, including minimally invasive lumbar decompression.
- Explain risk stratification strategies with respect to opioid prescribing.
- Review the 2022 updates to the CDC Opioid Prescribing Guidelines.
- State etiologies and clinical significance of atrial arrhythmias.
- Review strategies in prevention and treatment of atrial arrhythmias.
- Discuss the interaction of metabolic, environmental, and individual factors that influence fat storage, energy balance, and appetite control.
- Determine treatment goals for clinical management of obesity.
- Contrast and compare currently available medications used in the clinical setting for the treatment of obesity along with their approved indications, problems, and precautions.
- Discuss mechanisms of emergence and re-emergence of infectious diseases associated with climate change.
- State infectious diseases for which the areas of endemicity may be altered by climate change.
- Discuss new therapies for Alzheimer's Disease.
- Discuss new biomarkers to support early and accurate diagnosis.
- Implement screening and diagnostic approaches for early recognition of dementia.
- Know the latest advancements in the diagnosis and management of Asthma and COPD.
- Use the newest methods for diagnosing and treating asthma and COPD to improve patient care.
- Recognize the factors that increase CKD risk and spot its early symptoms.
- Review diagnostic methods and treatments for CKD's early stages to improve patient outcomes.

DISCLOSURE OF FACULTY & PROVIDER RELATIONSHIPS

All faculty and planning committee members participating in this course are required to disclose to participants any relationship, including financial interest or affiliation with a commercial company. Full disclosure of faculty & planning committee relationships will be made available to participants in conference materials.

ACCREDITATION STATEMENT

This activity has been planned and implemented in accordance with accreditation requirements and policies of the Missouri State Medical Association through the joint providership of Kansas City Southwest Clinical Society and The Ed Bixby Institute for Postgraduate Medical Education at Research Medical Center, and The Research Foundation. Kansas City Southwest Clinical Society is accredited by the Missouri State Medical Association to provide continuing medical education to physicians.

CME CREDIT STATEMENT

The Kansas City Southwest Clinical Society designates this live activity for a maximum of 7 *AMA PRA Category 1 Credit(s)*[™]. Physicians should claim only the credit commensurate with the extent of their participation in this activity.

CNE CREDIT STATEMENT

HCA MidAmerica Clinical Education is approved as a provider of continuing education in nursing by the Kansas State Board of Nursing. This course offering is approved for 8.4 contact hours for RN, LPN, or LMHT re-licensure. Kansas State Provider No. LT0312-1221. The course planners and presenters certify that they have no affiliations with, or involvement in, any organization or entity with any financial interest in the subject matter or materials discussed in this presentation.

ADA ACCOMMODATION

Kansas City Southwest Clinical Society, The Ed Bixby Institute for Postgraduate Medical Education at Research Medical Center and The Research Foundation comply with the Americans with Disabilities Act and will make reasonable accommodation. Registrants with disabilities requiring accommodation should advise The Research Foundation in advance of the seminar so we can address your needs.

ACKNOWLEDGEMENTS

The Research Foundation would like to also acknowledge the JB Reynolds Foundation and the Research Medical Center Medical Staff for providing educational grant support.

2024 HOEPER PRIMARY CARE SYMPOSIUM

Name _____

Degree/Certificate _____ Specialty/Profession _____

Address _____

City _____ State _____ Zip _____

Hospital/Facility _____

Phone Number _____

Email _____

- I need a vegetarian lunch.
- I need a gluten-free lunch.

Go to theresearchfoundationkc.org/symposiums to pay online or make checks payable to The Research Foundation and mail completed registration form with payment to 2316 E. Meyer Blvd. Kansas City, MO 64132.

Registration Fees:

- \$100 – Physicians
- \$90 – Research Medical Center Physicians and Honorary Physicians
- \$80 – Nurses, Residents, and Allied Health Professionals

Please charge my: Visa MasterCard Discover American Express

Card Number _____

Expiration Date _____ Security Code _____

Signature _____

For questions, contact The Research Foundation at 816-276-4218 or info@theresearchfoundationkc.org.

REGISTRATION INFORMATION

The seminar is open to physicians and other health professionals. Advance registration and payment are required to confirm your reservation. Registration is limited to seating capacity. Registration ends on September 4 at 4 p.m. Replacements/substitutes will be accepted with advance notice to The Research Foundation. On-site substitutes must have the original registrant's confirmation slip with them for admittance. Please use the registration form to register in advance. Please make checks payable to The Research Foundation, 2316 E. Meyer Blvd., Kansas City, MO 64132. There will be a \$25 processing fee for those requesting a refund. No cancellations with refunds allowed after August 16. You may also go to www.theresearchfoundationkc.org to pay online. For more information, please call The Research Foundation at 816-276-4218.

For the convenience of those attending, lunch and breaks are provided at no additional cost. As the temperature in the room may vary, it is advisable to bring a jacket to ensure your comfort during the sessions.



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Kansas City, MO 64132

Address Correction Requested

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